

Adult Family Behavior Therapy Child Welfare Supplemental Menu of Training Options

Licensed mental health/substance abuse providers who are interested in training will need to negotiate fees directly with qualified trainers of FBT who act as contractors independent of Dr. Donohue and UNLV. Discussions with both providers and trainers throughout the United States appear to indicate that appropriate fees for FBT workshops, on-going training meetings, session-audio tape reviews, and prescribed phone meetings are **typically negotiated between 100.00 and 200.00 per hour**. Individuals may participate in Full Adult FBT for Child Welfare training or sample FBT training components to determine its fit within the agency or complement implementation of existing evidence-supported interventions. The following guidelines are presented to show customary training tasks. Fees may be negotiated based on these training protocols. These guidelines are based on a team of up to 4 licensed providers in on-going training meetings (usually performed through video- or phone-conferencing) and up to 8 providers in workshops per 1 trainer. Travel expenses are also negotiated, and often include hotel, airfare, meals. Fees may be adjusted upon less providers being trained or to assist funding limitations. It is also possible to cost-share with other agencies to lower training expenses (e.g., split workshop fees, share books, tape recorders) and/or charge other attendees outside the agency for continuing education units for licensure.

Full Adult FBT Training tasks that are negotiated between trainer and provider:

1. 1 [training manual](#) for each trainee.
2. 1 electronic tape recorder for each trainee.
3. 84 hours of workshop training w/ all trainees..
4. 12 mos. of 1.5 hr./week of on-going telephone/video training w/ all trainees.
5. 72 session audio-tape reviews across 12 mos. performed by trainer.
 - a. Each trainee submits a recording of all FBT sessions.
 - b. Provider listens to 1 or 2 recordings per week per team of trainees at random.
6. .5 days of on-site infrastructural training with licensed supervisor (and possibly agency head) only.
 - a. Usually at the end of 1st workshop.
 - b. Includes setting up evaluation procedures and intervention protocol forms.
 - c. Review how on-going training meetings will occur.
 - d. Review how adherence to model will be assured.
7. 6 bi-monthly calls up to 1 hr./call w/ agency head, supervisor, & FBT trainer.

Adult FBT Internal Trainer Training tasks that do not customarily involve additional fees:

1. Completion of Full Adult FBT Training (see Full Adult FBT Training fees above)
2. .5 day workshop for supervisor training.
3. Implementation of 2nd Adult FBT Trainer Workshop protocol as 2ndry trainer w/ FBT trainer (at least .80 protocol adherence).
 - a. The supervisor will assist implementation of the 2nd of 3 workshops w/ FBT trainer.
4. Implementation of 3rd Adult FBT Trainer Workshop protocol as primary trainer w/ FBT trainer (at least .80 protocol adherence).
 - a. The supervisor will implement 3rd of 3 workshops w/ FBT trainer assisting the training.

Full Adult FBT Child Welfare Supplemental Training tasks that are negotiated between trainer and provider:

1. Completion of Full Adult FBT Training.
2. 1.5 day workshop in Child Welfare supplement (usually .5 days added to each of 3 full adult workshops).

Adult FBT Internal Trainer for Child Welfare Supplement Training tasks that do not customarily involve additional fees:

1. Completion of Full Adult FBT Training.
2. Completion of Full Child Welfare Supplement.
3. Completion of .5 day workshop for supervisor training.
4. Implementation of 2nd Adult FBT Trainer Workshop for Child Welfare protocol as 2nd trainer w/ FBT trainer (at least .80 protocol adherence).
 - a. The supervisor will assist implementation of the 2nd of 3 workshops w/ FBT trainer.
5. Implementation of 3rd Adult FBT Trainer Workshop for Child Welfare protocol as primary trainer w/ FBT trainer (at least .80 protocol adherence).
 - a. The supervisor will implement 3rd of 3 workshops w/ FBT trainer assisting the training.

Sampling of FBT Adult Training Components (prices negotiated between trainer and agency)::

1. .5 day workshop: learning child management
2. .5 day workshop learning goals and rewards supplement for child welfare
3. .5 days learning emergency management
4. .5 days learning how to make homes safe and beautiful